

**APRIL**  
**"BLOSSOMS OF NEW BUDS"**

**SCHOLASTIC**

**CO-SCHOLASTIC**

<p><b>ENGLISH</b></p>	<p><b>Literature</b>                  Revision of Capital letters (A-Z),                  Revision of Small letters (a-z),                  Capital &amp; Small Cursive letters (Aa-Ee) and related exercises,                  Introduction of vowels, Vowel sound                  'A' words ('ad', 'ag', 'am', 'an', 'ap' &amp;                  'at').  <b>Rhymes</b>                  1.Pussy Cat, 2.Peter Peter Pumpkin                  Eater &amp; 3.Thank You God  <b>Grammar</b>                  Use of A/An</p>	<p><b>TAPPING FEET</b></p>	<p>Dance Drama based on                  Mother's day                  Dance Style - Freestyle                  Dance</p>
<p><b>HINDI</b></p>	<p><b>साहित्य</b>                  स्वर अ से अः तक लिखो                  स्वर से संबंधित अभ्यास कार्य                  व्यंजन क से इ तक लिखो                  अक्षरों को चित्रों से मिलाओ                  चित्र देखकर पहला अक्षर लिखो  <b>जादुई सरगम</b>                  प्रार्थना, लालाजी, चींटी और कबूतर</p>	<p><b>CATCHY BEATS</b></p> <ul style="list-style-type: none"> <li>• Sargam</li> <li>• Mother's Day Song</li> </ul> <p><b>CREATIVE WHIMSY</b></p>	<p>• Sargam                  • Mother's Day Song</p> <p>Umbrella (Colouring)                  Rabbit (Colouring)                  Rocking Chicks                  (Colouring)                  Tree (Sketch Pen                  Pattern)                  Leaves (Creative                  Colouring)                  Pattern Flower                  (Pattern Drawing)</p>
<p><b>MATHEMATICS</b></p>	<p>Pre-Number Concepts                  Counting 1-100                  What comes after(1-100)                  What comes in between(1-100)                  Sorting                  Matching and Grouping                  Same As                  Inside-Outside</p>	<p><b>PLAY FIT</b></p>	<p>Walk and Hop                  Swings Play</p>
<p><b>GENERAL AWARENESS</b></p>	<p>This Is Me                  My Body                  Family                  My Home                  My School</p>	<p><b>TAEKWONDO</b></p>	<p><b>BASIC- PUNCHES</b></p> <ul style="list-style-type: none"> <li>• Upper Punch</li> <li>• Middle Punch</li> <li>• Lower Punch</li> </ul>
		<p><b>DIVINE BLISS</b></p>	<p>Introduction- Vajrasana</p>

**INTEGRATED LEARNING**

**HEALTHY DIET**



**SCHOLASTIC**

**MAY**  
**"ECO-GREEN GALA"**



**CO-SCHOLASTIC**

**ENGLISH**

**Literature**  
Capital & Small cursive letters  
(Ff & Gg) and related exercises.  
**Rhyme**  
One Two Three Four Five

**TAPPING FEET**

Dance Drama based on  
Mother's Day  
Dance Style - Free Style  
Dance

**HINDI**

**साहित्य**  
व्यंजन च से ज तक लिखो  
अक्षरों को चित्रों से मिलाओ  
चित्र देखकर पहला अक्षर लिखो  
**जादुई सरगम**  
आलू बोला, फल और सब्जी

**CATCHY BEATS**

- Mother's Day Song
- Hindi Prayer- Hey Bhagwan

**MATHEMATICS**

What comes before(1-100)  
Top-Bottom  
Smallest to Biggest  
Biggest To Smallest

**CREATIVE WHIMSY**

Under the sea  
(Circle Pattern Drawing)  
Umbrellas  
(Creative Colouring)  
Duckling (Colouring)

**GENERAL AWARENESS**

My Neighbourhood  
Good Habits  
Healthy Habits

**PLAY FIT**

Jog and Stop, Run with Fun Activity  
**Mother's Day Celebration**

**TAEKWONDO**

- BASIC PUNCHES**
- Upper Punch
  - Middle Punch
  - Lower Punch

**DIVINE BLISS**

- Anlom-Vilom Pranayam
- Purak
  - Rechak
  - Kumbhak



# JULY

## "HOLLYHOCKS & HAMMOCKS"

**SCHOLASTIC**

**CO-SCHOLASTIC**

<b>ENGLISH</b>	<p><u>Literature</u> Capital &amp; Small Cursive letters (Hh-Oo) and related exercises, Vowel sound 'E' words ('eg', 'en', 'et' &amp; 'ed') and Vowel sound 'I' words ('ib', 'id', 'ig', 'in', 'ip' &amp; 'it').</p> <p><u>Rhymes</u> 1.Doctor Foster, 2.I Hear Thunder &amp; 3.Little Tommy Tucker Story: The Hare and The Tortoise</p>	<b>TAPPING FEET</b>	Song - Radhe Radhe Dance Style - Bollywood Dance
	<b>HINDI</b>	<p><u>साहित्य</u> व्यंजन ट से म तक लिखो अक्षरों को चित्रों से मिलाओ चित्र देखकर पहला अक्षर लिखो</p> <p><u>जादुई सरगम</u> धोबी आया, बंदर मामा और ऊपर पंखा चलता है</p>	<b>CATCHY BEATS</b>
<b>MATHEMATICS</b>		<p>Counting 101-200 Backward counting 50-1 Number names 1-20, Patterns Big, Bigger, Biggest Long, Longer, Longest Tall, Taller, Tallest Small, Smaller, Smallest</p>	<b>CREATIVE WHIMSY</b>
	<b>PLAY FIT</b>		Running Jumping
<b>GENERAL AWARENESS</b>	<p>Food Be Good Safe And Unsafe Habits People Who Help Us My Friend Seasons Colours</p>	<b>TAEKWONDO</b>	<p>Basic Blocks</p> <ul style="list-style-type: none"> <li>Upper Block</li> <li>Middle Block</li> <li>Lower Block</li> </ul>
		<b>DIVINE BLISS</b>	Tadasana

**INTEGRATED LEARNING**

**TWINKLING STARS**

**ASSESSMENT - 1**

SCHOLASTIC

**AUGUST**  
"LET FREEDOM RINGS"

CO-SCHOLASTIC

**Literature**

Capital & Small cursive letters  
(Pp-Zz) and related exercises,  
Vowel sound 'O' words ('ob',  
'od', 'og', 'ot', 'ox', 'oy' & 'op').

**Rhyme**

Merry Time

**Story**

The Thirsty Crow

ENGLISH

TAPPING FEET

Song - Patriotic Song  
Dance Style - Freestyle  
Dance

CATCHY BEATS

- Raksha Bandhan Song
- Gayatri Mantra

CREATIVE  
WHIMSY

Panda (Easy to Draw)  
Half And Half  
(Complete and Colouring)  
Butterfly  
(Tracing and Colouring)  
House  
(Creative Colouring)

PLAY FIT

- Pedal with Ball
- Balancing on Beam
- Celebration of  
**National Sports Day**

TAEKWONDO

Basic Kicks  
• Upper (Front Kick)  
• Middle (Front Kick)  
• Lower (Front Kick)

DIVINE BLISS

Mediation with 'OM'  
Sound

**साहित्य**

व्यंजन य से ज तक लिखो  
अक्षरों को चित्रों से मिलाओ  
चित्र देखकर पहला अक्षर लिखो  
श्रुतलेख क से ज  
अक्षरों को जोड़कर शब्द बनाओ (दो अक्षर  
वाले)

चित्र देखकर मिलान करो  
चित्र देखकर शब्द लिखो (दो अक्षर वाले)  
श्रुतलेख (दो अक्षर वाले शब्द)  
चित्र देखकर वाक्य पूरा करो (दो अक्षर  
वाले)

प्रश्न-उत्तर (दो अक्षर वाले)

**जादुई सरगम**

कार्टून प्यारे न्यारे न्यारे और  
पोषमपा भाई पोषमपा

**कहानि**

कौआ और मोर

HINDI

MATHEMATICS

Counting 201-300  
Number Names 21-50  
Shapes

GENERAL  
AWARENESS

Means Of Transport  
Animals And Their Babies  
Animals And Their Sounds  
Creepy Crawlies (Insects)  
Story Of A Butterfly  
Birds

INTEGRATED LEARNING

ENJOY THE RAINY  
SEASON



# SEPTEMBER

## "EAT HEALTHY, THINK HEALTHY"

**SCHOLASTIC**

**CO-SCHOLASTIC**

**ENGLISH**

**Literature**

Capital & Small cursive letters (Vv-Zz) and related exercises, Vowel sound 'U' words ('ub', 'ug', 'um', 'un', 'ut' & 'up')

**Rhyme**

This is the way  
Vegetables

**Story**

The Thirsty Crow

**Grammar**

One Many and This/ That

**साहित्य**

अक्षरों को जोड़कर शब्द बनाओ  
(तीन अक्षर वाले)

मिलान करो

(तीन अक्षर वाले)

चित्र पहचान कर शब्द लिखो

(तीन अक्षर वाले)

प्रश्नों के उत्तर दो (तीन अक्षर वाले)

चित्र देखकर वाक्य पूरा करो

(तीन अक्षर वाले)

श्रुतलेख (तीन अक्षर वाले शब्द)

**जादुई सरगम**

सीखो गाओ धूम मचाओ, करना नहीं लड़ाई और झंडा

**MATHEMATICS**

Skip Counting

Counting in 2s

Skip Count (2s)

Counting In 5s

**GENERAL AWARENESS**

Our National Symbols

Our National Festivals

Festivals

Our National Flag

**TAPPING FEET**

Song- Teacher's Day  
Dance Style - Freestyle  
Dance  
**CHILDREN'S DAY CELEBRATION**

**CATCHY BEATS**

Teacher's Day Song

**CREATIVE WHIMSY**

Shapes  
(Creative Colouring)  
Sweet pineapple  
(Creative Colouring)  
Birds (Creative Colouring)

**PLAY FIT**

Parachute Pop Bend and Roll

**TAEKWONDO**

Practice

**DIVINE BLISS**

Practice

**ASSESSMENT - 2**

**OCTOBER**  
**"SWEETS TO SWEETEN SUCCESS"**

**SCHOLASTIC**

**CO-SCHOLASTIC**

**ENGLISH**

**Literature**

Long sound words (a,e,i,o & u),  
 Parallel sound words('ee', 'oo',  
 'll', 'ch', 'sh', 'th' & 'wh') and  
 Blend words.

**Rhymes**

1.Disney Cartoon, 2.London  
 Bridge and 3.My Special Day

**Grammar**

These/Those and Yes/ No

**HINDI**

**साहित्य**

अक्षरों को जोड़कर शब्द बनाओ  
 (चार अक्षर वाले)  
 मिलान करो (चार अक्षर वाले)  
 प्रश्न-उत्तर(चार अक्षर वाले)  
 चित्र देखकर वाक्य पूरा करो  
 (चार अक्षर वाले)

श्रुतलेख (चार अक्षर वाले शब्द)

'आ' की मात्रा वाले शब्द

चित्र देखकर मिलान करो

('आ' की मात्रा वाले शब्द)

प्रश्न-उत्तर ('आ' की मात्रा वाले)

खाली जगह भरो ('आ' की मात्रा वाले)

श्रुतलेख ('आ' की मात्रा वाले)

**जादुई सरगम**

गुस्से वाला बंदर और मौसम

**कहानियाँ**

लालची कुत्ता

**MATHEMATICS**

**Addition**

Counting 301-400

Before, After And Between

Equal To(=) Greater Than(>),

Less than(<)

The Hungry Fish

**GENERAL  
 AWARENESS**

**Parts Of A Plant**

Trees

Shrubs

Herbs

Let Us Grow A Plant

Trees-Our Friends

Leaves

**TAPPING FEET**

Song- Patriotic Song  
 Dance Style - Bollywood  
 Dance

**CATCHY BEATS**

Diwali Song

**CREATIVE  
 WHIMSY**

Train(Colouring)  
 Funny Clown(Hand tracing  
 and colouring)  
 Dog(Sketch pen tip  
 colouring)  
 Sailing Boat(Cardboard)  
 Turtle(Patterns)

**PLAY FIT**

Simple stretching  
 Hoola hoops under pass

**TAEKWONDO**

**Basic kicks**

- Upchagi
- Doliyo Chagi

**DIVINE BLISS**

- Standing Pose
- Sitting Pose

**INTEGRATED LEARNING**

**TRANSPORTATION**

**NOVEMBER**  
**"BE ODD TO BE NO.1"**

**SCHOLASTIC**

**CO-SCHOLASTIC**

**ENGLISH**

**Literature**

Opposites and Action words

**Rhymes**

- 1.Rudolph, 2.Little Jack Horner and 3.Red Light

**Story**

The Fox and The Foolish Crow

**Grammar**

In/ On/ Under/ Behind, Use of 'It is',  
 Use of 'I am', Use of 'You are' and  
 He/She/His/ Her

**HINDI**

**जादुई सरगम**

बिल्ली मौसी , चंदा मामा कितने प्यारे और मजे मजे में

**साहित्य**

'इ' मात्रा वाले शब्द  
 चित्र देखकर मिलान करो ('इ' मात्रा वाले)  
 चित्र देखकर शब्द लिखो ('इ' मात्रा वाले)  
 चित्र देखकर वाक्य पूरा करो ('इ' मात्रा वाले)  
 प्रश्नों के उत्तर दो ('इ' मात्रा वाले)  
 श्रुतलेख ('इ' मात्रा वाले शब्द)

**MATHEMATICS**

Counting 401-500  
 Count And Add  
 Addition With Zero 0  
 One Less Than  
 Subtraction (How many Left)  
 Take Away

**GENERAL AWARENESS**

Fruit Seeds  
 Keeping Safe On Roads  
 Living Or Non-Living  
 Natural Or Human-Made  
 Air

**TAPPING FEET**

Song -Zumba  
 Dance Style - Zumba  
 dance

**CATCHY BEATS**

Sargam Geet

**CREATIVE WHIMSY**

Curly Hair  
 (Bottle cap activity)  
 Game(Cartoon characters)  
 Walking Tortoise(Craft fun)  
 Queen's crown(Craft fun)  
 Police Car(Tearing and pasting)

**PLAY FIT**

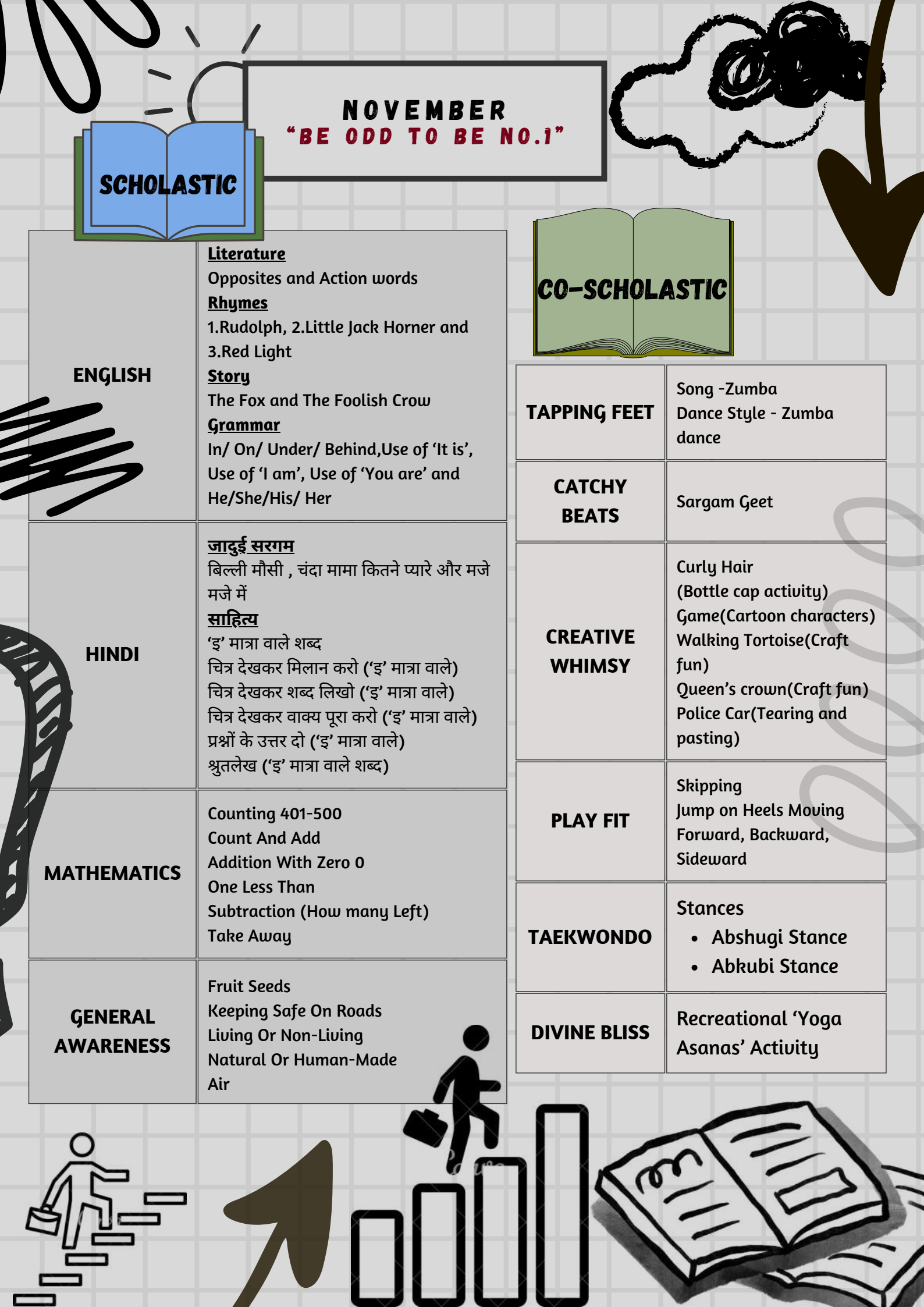
Skipping  
 Jump on Heels Moving  
 Forward, Backward,  
 Sideward

**TAEKWONDO**

Stances  
 • Abshugi Stance  
 • Abkubi Stance

**DIVINE BLISS**

Recreational 'Yoga  
 Asanas' Activity



# DECEMBER "THE SPIRIT OF GRATITUDE"

## SCHOLASTIC

## CO-SCHOLASTIC

### ENGLISH

#### Literature

'ing' words, Days of Week, Months of the Year and Self Introduction

#### Rhymes

1.Old Macdonald's Had A Farm and 2.It's Time To Relax

#### Story

The Foolish Lion

#### Grammar

Use of 'And' and Comprehension

### HINDI

#### जादुई सरगम

मेरा प्यारा जन्मदिन

#### साहित्य

'ई' मात्रा वाले शब्द चित्र देखकर मिलान करो

('ई' मात्रा वाले)

चित्र देखकर शब्द लिखो

('ई' मात्रा वाले)

चित्र देखकर वाक्य पूरा करो

('ई' मात्रा वाले)

प्रश्नों के उत्तर दो ('ई' मात्रा वाले)

श्रुतलेख ('ई' मात्रा वाले)

#### कहानियाँ

बंदर और टोपी वाला

### MATHEMATICS

Subtraction

Months of the Year

Table of 2 & 3

Subtraction with Zero 0

What Time Is It

Money

### GENERAL AWARENESS

Water

Days of the Week

Games

Computers

Reduce, Reuse, Recycle

### TAPPING FEET

Song-Sauda Khara Khara

Dance Style -Punjabi

Bollywood Dance

### CATCHY BEATS

Christmas Carols

### CREATIVE WHIMSY

Bookmark (Craft Fun)

Old Hut (Scratching)

Flying Helicopter

(Animation)

Octopus and Jellyfish

(Finger Fun)

Art celebration (Fun

Project)

### PLAY FIT

Catching with Ball

Throwing with Scarf

### TAEKWONDO

Poomse

Taeguek 1 (Eiljang)

### DIVINE BLISS

Revision of Asanas

## INTEGRATED LEARNING

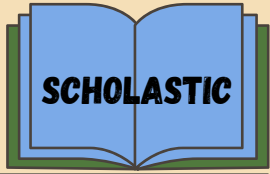
## FOOTBALL TIME

## ASSESSMENT - 3

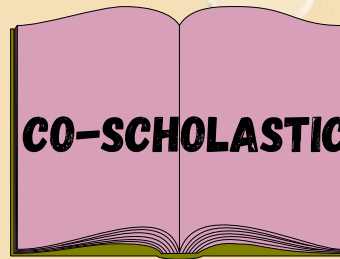




**JANUARY**  
**"NATURE'S CALENDAR"**

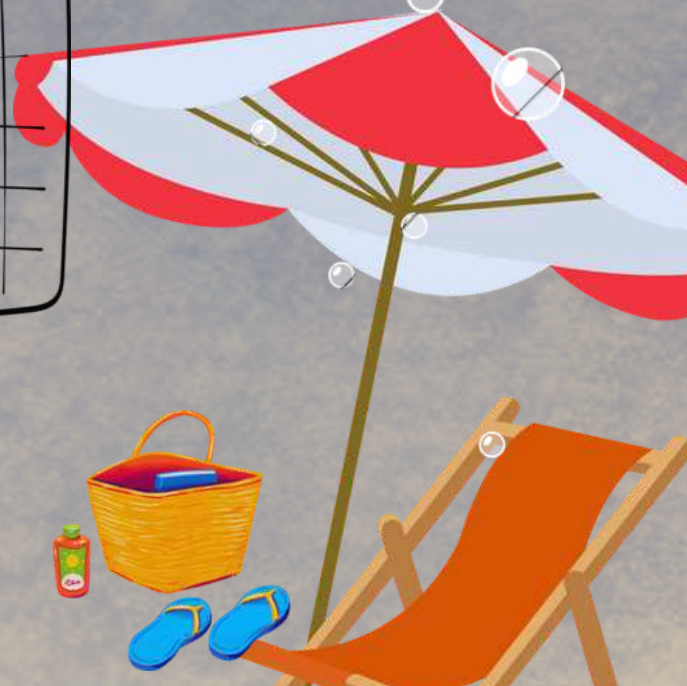


<b>ENGLISH</b>	REVISION
<b>HINDI</b>	REVISION
<b>MATHEMATICS</b>	REVISION
<b>GENERAL AWARENESS</b>	REVISION

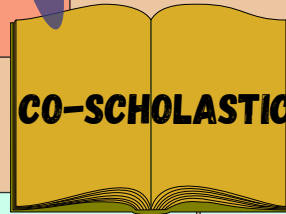
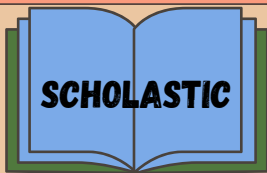


<b>TAPPING FEET</b>	Song- Christmas Carols Dance Style -Hip hop Dance
<b>CATCHY BEATS</b>	Patriotic Song
<b>CREATIVE WHIMSY</b>	Pratice
<b>PLAY FIT</b>	Forward and Backward Running MICROEVENT
<b>TAEKWONDO</b>	Practice
<b>DIVINE BLISS</b>	Performing Asanas with Coordination

S	M	T	W	T	F	S



**FEBRUARY**  
**"SHOWERS OF FLOWERS"**



ENGLISH	Revision
HINDI	Revision
MATHEMATICS	Revision
GENERAL AWARENESS	Revision

TAPPING FEET	Song- Ganesh vandana Dance Style -Semi classical Dance
CATCHY BEATS	English Prayer- God's Love Krishna Bhajan- Achyutam Keshavam
PLAY FIT	Kicking with ball Hopping with flat ring
TAEKWONDO	Revision
DIVINE BLISS	Recreational activities with Pranayam

**MARCH**  
**"FUTURISTIC FANTASY-EMBRACING TOMORROW"**

**ASSESSMENT - 4**

**RESULT DAY**

*Congrats!*

