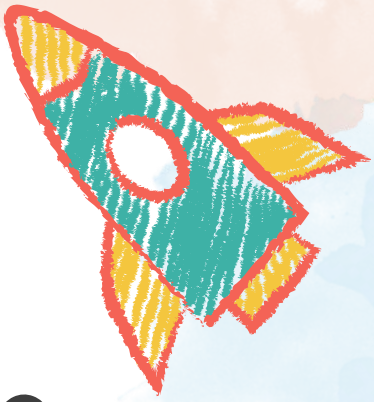
BLS INTERNATIONAL SCHOOL, HATHRAS

SESSION: 2026-2027

# GRADE- NURSERY





# Tiny Track:

# THE GROWTH JOURNEY





## Small Steps • Big Achievements

# April

# THE JOURNEY TAKES FLIGHT

## SCHOLASTIC

### ENGLISH

Patterns: Standing Lines, Sleeping Lines, Slanting Lines, Curved Lines, Half Circles, Circles
Alphabets: (A,a)
Colour the Alphabets
Fun Activities
Rhymes: Early to Bed, After a Bath

### HINDI

मौखिक - अ,आ के सापेक्ष शब्द और सम्बंधित गतिविधियाँ
कविताएँ - प्रार्थना ,हाथी राजा

### MATHEMATICS

Pre-Number Concept : Big/Small
Tall/Short
Top/Bottom
Heavy/Light
Same/Different
Thick/Thin

Shape: Circle
Oral Counting: 1-5
Written: Patterns
Number:1
Colour The Number
Fun Activities

### GENERAL AWARENESS (ORAL)

Myself
I Feel
My Family
Our Good Habits
Greetings
Golden Words

### EMOTIONAL AND LOGICAL SKILLS

Eat Healthy
Think Page No. 4&6
Calm Down

## CO-SCHOLASTIC

### DANCE

Dance Style: Happy Feet

Song: Chak Dhoom-Dhoom

### MUSIC

Sadhana of 'Sa' Kid's Song

### ART

- Let's Scribble
- Woolly Sheep

### EDUSPORTS

- Swings Play
- Walk and Stop

### SKATING

Learning the Basics

- Put on your Skating Equipment.
- Assume the Right Posture.
- Learning to Walk on a Carpet.

### TAEKWONDO

Basic Punches

### YOGA

- Meditation :- Dhyan
- Om Chanting

## STEAM EXPLORATION-- Pick & Place Magic

# May

# SEEDS OF CURIOSITY

## SCHOLASTIC

### ENGLISH

Alphabets:(B,b, C,c)
Colour the Alphabets
Fun Activities

Rhymes: Twinkle-Twinkle
I See the Moon

### HINDI

मौखिक - इ,ई के सापेक्ष शब्द और सम्बंधित गतिविधियाँ

कविताएँ - मछली जल की रानी है, नानी

### MATHEMATICS

Pre - Number Concept: More /Less
Written: Numbers: 2&3
Colour the Numbers
Fun Activities

### GENERAL AWARENESS (ORALS)

My Toys
My School
My Clothes
Rooms in My House

### EMOTIONAL AND LOGICAL SKILLS

Odd one Out
More or Less
Wash your Hands
Think Page no. 12

## CO-SCHOLASTIC

### DANCE

Dance Style: Happy Feet

Song: Chak Dhoom-Dhoom

### MUSIC

Mother's Day Song

### ART

- Doodle Lion
- Mother's Day
- Tangy Tomato

### EDUSPORTS

- Run and Stop
- Fun Activity
- Mother's Day Celebration

### SKATING

Walk on Skates in Bending Position

- Bending Knees Slightly
- Leaning Forward
- Taking Small Steps to get the Balance

### TAEKWONDO

Basic Kick

### YOGA

Pranayama:-

- Anulom - Vilom Pranayama
- Bhrastrika Pranayama

## STEAM EXPLORATION-- Target Time Fun

# July

# STRENGTH IN EVERY STEP

## SCHOLASTIC

### ENGLISH

Alphabets: (D,d, E,e, F,f, G,g)
Colour the Alphabets
Fun Activities

Rhymes: Two Little Hands
Mummy Darling
Papa Darling
Johny-Johny

### HINDI

मौखिक - उ,ऊ,ए,ऐ के सापेक्ष शब्द और सम्बंधित गतिविधियाँ
लिखित - अ,आ से सम्बंधित गतिविधियाँ - मिलान करो
चित्र देखकर सही अक्षर पर गोला बनाओ
चित्र देखकर प्रथम अक्षर लिखो
कविताएँ - मुन्नी, सड़क ,पानी बरसा

### MATHEMATICS

Shape: Triangle
Numbers: 4-10
Colour the Numbers
Fun Activities
Sequential Counting
Missing Numbers
What Comes After
What Comes Between
Count and Write

### GENERAL AWARENESS (ORALS)

My Body Parts
My Sense Organs
Things I Can Do
Fun with Colours

### EMOTIONAL AND LOGICAL SKILLS

Clean! Clean!
Spot the Difference
Please, Please
Same, Same

### ASSESSMENT -1

## CO-SCHOLASTIC

### DANCE

Dance Style: Bollywood Freestyle

Song: Bhoot Raja

### MUSIC

Sargam Geet- Sa se Saare Bachcho

### ART

- Mango King
- Balloon
- Let's Go Fishing

### EDUSPORTS

- Running
- Jumping
- Traffic Light

### SKATING

Fast Walking with Skates
- Work Up to Gain Speed
- Practice Stopping Techniques

### TAEKWONDO

Stance

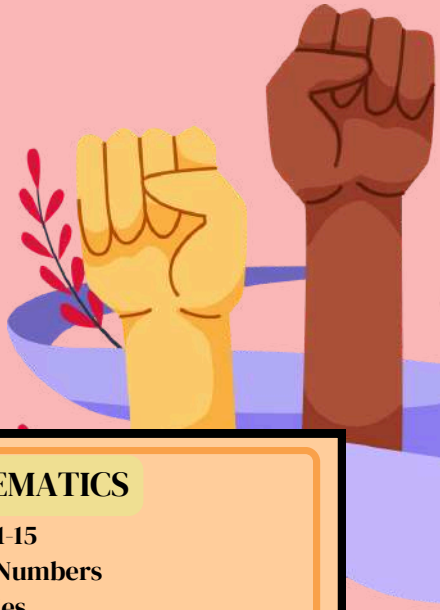
### YOGA

Standing Asana:-
- Tadasana - (Mountain pose)
- Trikonasana – (Triangle pose)

## STEAM EXPLORATION-- Cap-tastic Art

# August

## VOICES OF UNITY



## SCHOLASTIC

### ENGLISH

Alphabets: (H,h, I,i, J,j, K,k)
Colour the Alphabets
Fun Activities

Rhymes: It's Time to Relax
Merry Time
Jack and Jill

### HINDI

मौखिक - ओ,औ, अं ,अ: के सापेक्ष शब्द और सम्बंधित गतिविधियाँ
लिखित - इ, ई से सम्बंधित गतिविधियाँ - मिलान करो
चित्र देखकर सही अक्षर पर गोला बनाओ
चित्र देखकर प्रथम अक्षर लिखो
कविताएँ - कार्टून प्यारे ,आलू ,आम

### MATHEMATICS

Numbers: 11-15
Colour the Numbers
Fun Activities
Various Exercises

### GENERAL AWARENESS (ORALS)

My Food
Fruits I Like to Eat
Healthy Vegetables
Our Safety

### EMOTIONAL AND LOGICAL SKILLS

Be Kind
What Comes Next
More/Less

## CO-SCHOLASTIC

### DANCE

Dance Style: Bollywood Freestyle

Song: Jai Ho

### MUSIC

- Patriotic Song
- Prayer- Thank You God

### ART

- Flying Bat
- Brown Bread
- Let's Go
- Bowing Boat
- Shiny Sun
- My Intelligent Computer

### EDUSPORTS

- Exchange Cone
- Balancing on Beam
- Celebration (National Sports Day)

### SKATING

Four Step Running While Holding the Knees

- Maintain Upright Posture
- Secure Knee Grip
- Progress Speed Gradually

### TAEKWONDO

Round House Kick

### YOGA

Prone Posture Asana :-

- Bhujangasana – (Cobra Pose)
- Kapotasana - (Pigeon Pose)

## STEAM EXPLORATION-- My Plate, My Power

# September

# GUARDIANS OF THE EARTH

## SCHOLASTIC

### ENGLISH

Alphabets: (L,l, M,m)
Colour the Alphabets
Fun Activities

Rhymes: ABCD Song
Dreamland
Teddy Bear
Story: The Lion and The Mouse

### HINDI

मौखिक - क से ङ सापेक्ष शब्द और सम्बंधित गतिविधियाँ
लिखित - उ,ऊ से सम्बंधित गतिविधियाँ - मिलान करो
चित्र देखकर सही अक्षर पर गोला बनाओ
चित्र देखकर प्रथम अक्षर लिखो
कविताएँ - सीखो सिखाओ धूम मचाओ
मोटर कार

### MATHEMATICS

Numbers: 16-20
Colour the Numbers
Fun Activities
Various Exercises

### GENERAL AWARENESS (ORALS)

People at My School
Places in My Neighbourhood
Our Helpers

### EMOTIONAL AND LOGICAL SKILLS

Wake Up
Help Kirti
Up Arrow
Down Arrow

### ASSESSMENT -2

## CO-SCHOLASTIC

### DANCE

Dance Style: Freestyle

Song: Dance Ka Bhoot

### MUSIC

Ganesha Bhajan

### ART

- Fly High
- Colourful Kite
- Patterned Shapes
- Mouth-Watering Ice cream
- My Sweet Home

### EDUSPORTS

- Parachute Pop
- Pickup and Run

### SKATING

Speed Stepping
- Increase Speed Smoothly
- Focus on Flexibility

### TAEKWONDO

Practice

### YOGA

Practice

## STEAM EXPLORATION-- Colour Mosaic

# October

# COLOURS OF CELEBRATION

## SCHOLASTIC

### ENGLISH

Alphabets: (N,n, O,o, P,p, Q,q)
Colour the Alphabets
Fun Activities

Rhymes: Ring- A- Ring
Rain-Rain
Humpty Dumpty

### HINDI

मौखिक - च से ण के सापेक्ष शब्द और सम्बंधित गतिविधियाँ
लिखित - ए,ऐ से सम्बंधित गतिविधियाँ - मिलान करो
चित्र देखकर सही अक्षर पर गोला बनाओ
चित्र देखकर प्रथम अक्षर लिखो
कविताएँ - प्यासा कौआ , दीवाली

### MATHEMATICS

Shape: Square
Numbers: 21-30
Counting In Tens
Colour the Numbers
Fun Activities
Various Exercises.

### GENERAL AWARENESS (ORALS)

Animals
Birds

### EMOTIONAL AND LOGICAL SKILLS

Sound! Sound!
Spot the Differences
Be Honest

## CO-SCHOLASTIC

### DANCE

Dance Style: Folk

Song: Radha Krishna

### MUSIC

- Ram Bhajan
- Prayer- Thank you God

### ART

- Find the Way
- Starfish
- My Submarine
- A Bird from Numbers
- Mini Mouse

### EDUSPORTS

- Tunnel Pass
- Hula Hoops Under Pass

### SKATING

Powerslide Break:
- Angle Skates Outward
- Apply Sideways Pressure
- Quick, Controlled Break

### TAEKWONDO

Basic Stance

### YOGA

Standing Forward Bend Asana:-
- Padahastasana – (Hand to feet Pose)
- Vatayanasana – (Horse Pose)

## STEAM EXPLORATION-- Aqua Adventure

# November

# IDEAS IN MOTION

## SCHOLASTIC

### ENGLISH

Alphabets: (R,r, S,s, T,t, U,u)
Colour the Alphabets
Fun Activities

Rhymes: Row,Row,Row
Hickory Dickory Dock
Peter and Paul

### HINDI

मौखिक - त से न के सापेक्ष शब्द और सम्बंधित गतिविधियाँ
लिखित - ओ,औ से सम्बंधित गतिविधियाँ - मिलान करो
चित्र देखकर सही अक्षर पर गोला बनाओ
चित्र देखकर प्रथम अक्षर लिखो
कविताएँ - आज मंगलवार है
दाँत

### MATHEMATICS

Shape: Rectangle
Numbers: 31-40
Backward Counting (10-1)
Colour the Numbers
Fun Activities
Various Exercises

### GENERAL AWARENESS (ORALS)

I Love to Travel
I Love Flowers

### EMOTIONAL AND LOGICAL SKILLS

Same! Same!
Blocks

## CO-SCHOLASTIC

### DANCE

Dance Style: Zumba

Song: Brazil

### MUSIC

Children's Day Song

### ART

- Busy Ant
- Imaginary World
- Cappy Mushroom
- Sweet Corn

### EDUSPORTS

- Rolling the Ball
- Animals Races
- Children's Day Celebration

### SKATING

T-Break
- Rear Skate Perpendicular
- Front Skate Straight
- Gradual Friction Stop

### TAEKWONDO

Abkubi Stance

### YOGA

- Baddha Konasana – ( Butterfly Pose)
- Ashwa Sanchalanasa – (Equestrain Pose)

## STEAM EXPLORATION-- Huff & Puff Art

# December

# SEASON OF SPARK & SHINE

## SCHOLASTIC

### ENGLISH

Alphabets: (V,v, W,w, X,x, Y,y, Z,z)
Colour the Alphabets
Fun Activities

Rhymes: Jingle Bell
My Special Day

### HINDI

मौखिक - प से व के सापेक्ष शब्द और सम्बंधित गतिविधियाँ
लिखित - अं,अः से सम्बंधित गतिविधियाँ - मिलान करो
चित्र देखकर सही अक्षर पर गोला बनाओ
चित्र देखकर प्रथम अक्षर लिखो
कविताएँ - तोता , मज़े-मज़े में

### MATHEMATICS

Numbers: 41-50
Colour the Numbers
Fun Activities
Various Exercises

### GENERAL AWARENESS (ORALS)

Hot Day
Cold Day
Rainy Day
Fun with Shapes
Days of the Week
Months of the Year

### EMOTIONAL AND LOGICAL SKILLS

Find My Home

**ASSESSMENT -3**

## CO-SCHOLASTIC

### DANCE

Dance Style: Bollywood Freestyle

Song: Shaky Shaky

### MUSIC

Kisan Diwas Song

### ART

- Zig- Zag Snakes
- Thumb Creature
- Jute Bag
- Round Globe
- Rabbit
- Magical Bear

### EDUSPORTS

- Throwing with Scarf
- Catching with Ball

### SKATING

Running Stepping Free Style
- Alternate Fast Leg Movements
- Maintain Fluid Motion

### TAEKWONDO

Basic Stance

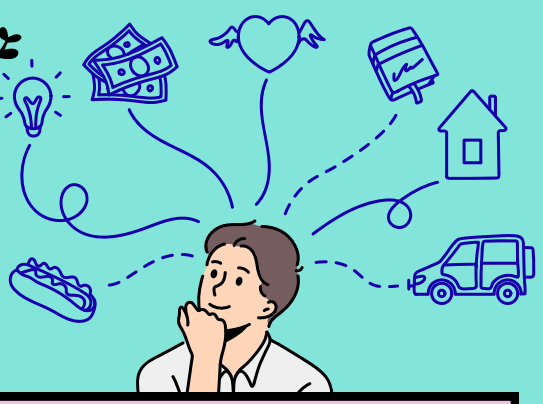
### YOGA

Sitting, Forward Bending Asana:-
- Paschimottanasana – (Sitting forward pose)
- Balasana – (Child's Pose)

## STEAM EXPLORATION-- Splash & Discover

# January, February & March

## DREAMS IN ACTION



## SCHOLASTIC

**ENGLISH**

Story: The Thirsty Crow

Revision

**HINDI**

मौखिक - श से ज्ञ के सापेक्ष शब्द और सम्बंधित गतिविधियाँ
कविताएँ - मेरा प्यारा जन्मदिन
कहानी - बंदर और मगरमच्छ

Revision

**MATHEMATICS**

Revision

**GENERAL AWARENESS (ORALS)**

Revision

**EMOTIONAL AND LOGICAL SKILLS**

Revision

## ASSESSMENT -4

## CO-SCHOLASTIC

**DANCE**

Dance Style: Bollywood Fusion

Song: Deva Shree Ganesha

**MUSIC**

- English Prayer- God's Love
- Shiv Ratri Bhajan

**ART**

- Flowers
- Drawing Sheet

**EDUSPORTS**

- Forward and Backward Running
- Kicking with Soft Ball
- Hopping with Flat Ring
- Microevent

**SKATING**

Plug Break

- Toe Stop Engagement
- Quick Forward Lean
- Immediate Stop Action

**TAEKWONDO**

Practice

**YOGA**

Practice

**STEAM EXPLORATION-- Texture Hunt, Growing with Love**