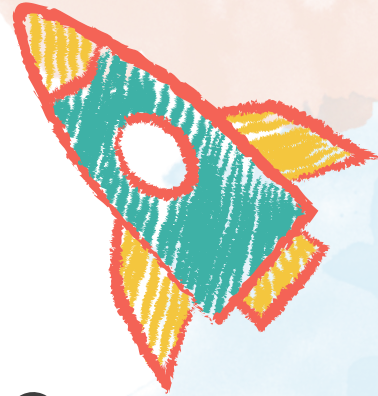




**BLS INTERNATIONAL SCHOOL, HATHRAS**

**SESSION: 2026-2027**

# **GRADE-NURSERY**



## **Tiny Track:**

### **THE GROWTH JOURNEY**



***Small Steps • Big Achievements***



# April

## THE JOURNEY TAKES FLIGHT



### SCHOLASTIC

#### ENGLISH

Patterns: Standing Lines, Sleeping Lines, Slanting Lines, Curved Lines, Half Circles, Circles  
Alphabets: (A,a)  
Colour the Alphabets  
Fun Activities  
Rhymes: Early to Bed, After a Bath

#### HINDI

मौखिक - अ, आ के सापेक्ष शब्द और सम्बंधित गतिविधियाँ  
कविताएँ - प्रार्थना, हाथी राजा

#### MATHEMATICS

Pre-Number Concept : Big/Small  
Tall/Short  
Top/Bottom  
Heavy/Light  
Same/Different  
Thick/Thin

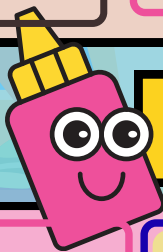
Shape: Circle  
Oral Counting: 1-5  
Written: Patterns  
Number:1  
Colour The Number  
Fun Activities

#### GENERAL AWARENESS

Myself (ORAL)  
I Feel  
My Family  
Our Good Habits  
Greetings  
Golden Words

#### EMOTIONAL AND LOGICAL SKILLS

Eat Healthy  
Think Page No. 4&6  
Calm Down



### CO-SCHOLASTIC

#### DANCE

Dance Style: Happy Feet  
Song: Chak Dhoom-Dhoom

#### MUSIC

Sadhana of 'Sa' Kid's Song

#### ART

- Let's Scribble
- Woolly Sheep

#### EDUSPORTS

- Swings Play
- Walk and Stop

#### SKATING

Learning the Basics

- Put on your Skating Equipment.
- Assume the Right Posture.
- Learning to Walk on a Carpet.


#### TAEKWONDO

Basic Punches

#### YOGA

- Meditation :- Dhyana
- Om Chanting





# May

## SEEDS OF CURIOSITY



### SCHOLASTIC

#### ENGLISH

Alphabets:(B,b, C,c)  
Colour the Alphabets  
Fun Activities

Rhymes: Twinkle-Twinkle  
I See the Moon

#### HINDI

मौखिक - इ,ई के सापेक्ष शब्द और  
सम्बंधित गतिविधियाँ  
कविताएँ - मछली जल की रानी है, नानी

#### MATHEMATICS

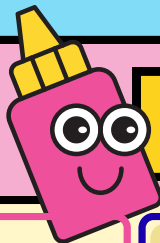
Pre - Number Concept: More /Less  
Written: Numbers: 2&3  
Colour the Numbers  
Fun Activities

#### GENERAL AWARENESS (ORALS)

My Toys  
My School  
My Clothes  
Rooms in My House

#### EMOTIONAL AND LOGICAL SKILLS

Odd one Out  
More or Less  
Wash your Hands  
Think Page no. 12



### CO-SCHOLASTIC

#### DANCE

Dance Style: Happy Feet  
Song: Chak Dhoom-Dhoom

#### MUSIC

Mother's Day Song

#### ART

- Doodle Lion
- Mother's Day
- Tangy Tomato

#### EDUSPORTS

- Run and Stop
- Fun Activity
- Mother's Day Celebration

#### SKATING

Walk on Skates in Bending  
Position

- Bending Knees Slightly
- Leaning Forward
- Taking Small Steps to get the  
Balance

#### TAEKWONDO

Basic Kick

#### YOGA

Pranayama:-

- Anulom - Vilom Pranayama
- Bhrastrika Pranayama



STEAM EXPLORATION-- Target Time Fun

# July

## STRENGTH IN EVERY STEP

### SCHOLASTIC

#### ENGLISH

Alphabets: (D,d, E,e, F,f, G,g)  
Colour the Alphabets  
Fun Activities

Rhymes: Two Little Hands  
Mummy Darling  
Papa Darling  
Johny-Johny

#### HINDI

मौखिक - उ,ऊ,ए,ऐ के सापेक्ष शब्द और सम्बंधित गतिविधियाँ  
लिखित - अ,आ से सम्बंधित गतिविधियाँ - मिलान करो  
चित्र देखकर सही अक्षर पर गोला बनाओ  
चित्र देखकर प्रथम अक्षर लिखो  
कविताएँ - मुन्नी, सड़क, पानी बरसा

#### MATHEMATICS

Shape: Triangle  
Numbers: 4-10  
Colour the Numbers  
Fun Activities  
Sequential Counting  
Missing Numbers  
What Comes After  
What Comes Between  
Count and Write

#### GENERAL AWARENESS

##### (ORALS)

My Body Parts  
My Sense Organs  
Things I Can Do  
Fun with Colours

#### EMOTIONAL AND LOGICAL

##### SKILLS

Clean! Clean!  
Spot the Difference  
Please, Please  
Same, Same

### ASSESSMENT - I

### CO-SCHOLASTIC

#### DANCE

Dance Style: Bollywood Freestyle  
Song: Bhoot Raja

#### MUSIC

Sargam Geet- Sa se Saare  
Bachcho

#### ART

- Mango King
- Balloon
- Let's Go Fishing

#### EDUSPORTS

- Running
- Jumping
- Traffic Light

#### SKATING

Fast Walking with Skates

- Work Up to Gain Speed
- Practice Stopping Techniques

#### TAEKWONDO

Stance

#### YOGA

Standing Asana:-

- Tadasana - (Mountain pose)
- Trikonasana - (Triangle pose)



STEAM EXPLORATION-- Cap-tastic Art

# August

## VOICES OF UNITY



### SCHOLASTIC

#### ENGLISH

Alphabets: (H,h, I,i, J,j, K,k)

Colour the Alphabets

Fun Activities

Rhymes: It's Time to Relax

Merry Time

Jack and Jill

#### HINDI

मौखिक - ओ, औ, अं, अः के सापेक्ष शब्द

और सम्बंधित गतिविधियाँ

लिखित - इ, ई से सम्बंधित गतिविधियाँ -

मिलान करो

चित्र देखकर सही अक्षर पर गोला बनाओ

चित्र देखकर प्रथम अक्षर लिखो

कविताएँ - कार्टून प्यारे, आलू, आम

#### MATHEMATICS

Numbers: 11-15

Colour the Numbers

Fun Activities

Various Exercises

#### GENERAL AWARENESS

My Food

(ORALS)

Fruits I Like to Eat

Healthy Vegetables

Our Safety

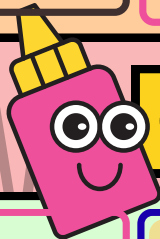
#### EMOTIONAL AND LOGICAL

Be Kind

SKILLS

What Comes Next

More/Less



### CO-SCHOLASTIC

#### DANCE

Dance Style: Bollywood Freestyle

Song: Jai Ho

#### MUSIC

- Patriotic Song
- Prayer- Thank You God

#### ART

- Flying Bat
- Brown Bread
- Let's Go
- Bowing Boat
- Shiny Sun
- My Intelligent Computer

#### EDUSPORTS

- Exchange Cone
- Balancing on Beam
- Celebration (National Sports Day)

#### SKATING

Four Step Running While Holding the Knees

- Maintain Upright Posture
- Secure Knee Grip
- Progress Speed Gradually

#### TAEKWONDO

Round House Kick

#### YOGA

Prone Posture Asana :-

- Bhujangasana - (Cobra Pose)
- Kapotasana - (Pigeon Pose)



STEAM EXPLORATION-- My Plate, My Power



# September

## GUARDIANS OF THE EARTH



### SCHOLASTIC

#### ENGLISH

Alphabets: (L,l, M,m)  
Colour the Alphabets  
Fun Activities

Rhymes: ABCD Song  
Dreamland  
Teddy Bear

Story: The Lion and The Mouse

#### HINDI

मौखिक - क से ड सापेक्ष शब्द और सम्बंधित गतिविधियाँ

लिखित - उ,ऊ से सम्बंधित गतिविधियाँ - मिलान करो

चित्र देखकर सही अक्षर पर गोला बनाओ

चित्र देखकर प्रथम अक्षर लिखो

कविताएँ - सीखो सिखाओ धूम मचाओ  
मोटर कार

#### MATHEMATICS

Numbers: 16-20  
Colour the Numbers  
Fun Activities  
Various Exercises

#### GENERAL AWARENESS

##### (ORALS)

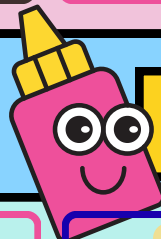
People at My School  
Places in My Neighbourhood  
Our Helpers

#### EMOTIONAL AND LOGICAL

##### SKILLS

Wake Up  
Help Kirti  
Up Arrow  
Down Arrow

### ASSESSMENT -2



### CO-SCHOLASTIC

#### DANCE

Dance Style: Freestyle

Song: Dance Ka Bhoot

#### MUSIC

Ganesha Bhajan

#### ART

- Fly High
- Colourful Kite
- Patterned Shapes
- Mouth-Watering Ice cream
- My Sweet Home

#### EDUSPORTS

- Parachute Pop
- Pickup and Run

#### SKATING

- Speed Stepping
- Increase Speed Smoothly
  - Focus on Flexibility

#### TAEKWONDO

Practice

#### YOGA

Practice



# October

## COLOURS OF CELEBRATION



### SCHOLASTIC

#### ENGLISH

Alphabets: (N,n, O,o, P,p, Q,q)

Colour the Alphabets

Fun Activities

Rhymes: Ring- A- Ring

Rain-Rain

Humpty Dumpty

#### HINDI

मौखिक - च से ण के सापेक्ष शब्द और सम्बंधित गतिविधियाँ

लिखित - ए, ऐ से सम्बंधित गतिविधियाँ - मिलान करो

चित्र देखकर सही अक्षर पर गोला बनाओ

चित्र देखकर प्रथम अक्षर लिखो

कविताएँ - प्यासा कौआ , दीवाली

#### MATHEMATICS

Shape: Square

Numbers: 21-30

Counting In Tens

Colour the Numbers

Fun Activities

Various Exercises.

#### GENERAL AWARENESS

(ORALS)

Animals

Birds

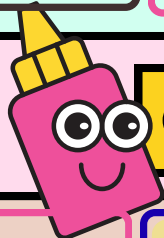
#### EMOTIONAL AND LOGICAL

SKILLS

Sound! Sound!

Spot the Differences

Be Honest



### CO-SCHOLASTIC

#### DANCE

Dance Style: Folk

Song: Radha Krishna

#### MUSIC

- Ram Bhajan
- Prayer- Thank you God

#### ART

- Find the Way
- Starfish
- My Submarine
- A Bird from Numbers
- Mini Mouse

#### EDUSPORTS

- Tunnel Pass
- Hula Hoops Under Pass

#### SKATING

Powerslide Break:

- Angle Skates Outward
- Apply Sideways Pressure
- Quick, Controlled Break

#### TAEKWONDO

Basic Stance

#### YOGA

Standing Forward Bend Asana:-

- Padahastasana – (Hand to feet Pose)
- Vatayanasana – (Horse Pose)





# November

## IDEAS IN MOTION



### SCHOLASTIC

#### ENGLISH

Alphabets: (R,r, S,s, T,t, U,u)  
Colour the Alphabets  
Fun Activities

Rhymes: Row,Row,Row  
Hickory Dickory Dock  
Peter and Paul

#### HINDI

मौखिक - त से न के सापेक्ष शब्द और सम्बंधित गतिविधियाँ  
लिखित - ओ,औ से सम्बंधित गतिविधियाँ मिलान करो  
चित्र देखकर सही अक्षर पर गोला बनाओ  
चित्र देखकर प्रथम अक्षर लिखो  
कविताएँ - आज मंगलवार है  
दाँत

#### MATHEMATICS

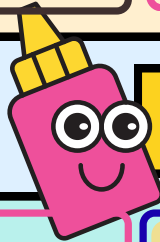
Shape: Rectangle  
Numbers: 31-40  
Backward Counting (10-1)  
Colour the Numbers  
Fun Activities  
Various Exercises

#### GENERAL AWARENESS (ORALS)

I Love to Travel  
I Love Flowers

#### EMOTIONAL AND LOGICAL SKILLS

Same! Same!  
Blocks



### CO-SCHOLASTIC

#### DANCE

Dance Style: Zumba  
Song: Brazil

#### MUSIC

Children's Day Song

#### ART

- Busy Ant
- Imaginary World
- Cappy Mushroom
- Sweet Corn

#### EDUSPORTS

- Rolling the Ball
- Animals Races
- Children's Day Celebration

#### SKATING

- T-Break
- Rear Skate Perpendicular
  - Front Skate Straight
  - Gradual Friction Stop

#### TAEKWONDO

Abkubi Stance

#### YOGA

- Baddha Konasana – ( Butterfly Pose)
- Ashwa Sanchalanasa – (Equestrian Pose)



## STEAM EXPLORATION-- Huff & Puff Art

# December

## SEASON OF SPARK & SHINE



### SCHOLASTIC

#### ENGLISH

Alphabets: (V,v, W,w, X,x, Y,y, Z,z)

Colour the Alphabets

Fun Activities

Rhymes: Jingle Bell

My Special Day

#### HINDI

मौखिक - प से व के सापेक्ष शब्द और

सम्बंधित गतिविधियाँ

लिखित - अं, अः से सम्बंधित गतिविधियाँ -

मिलान करो

चित्र देखकर सही अक्षर पर गोला बनाओ

चित्र देखकर प्रथम अक्षर लिखो

कविताएँ - तोता, मज़े-मज़े में

#### MATHEMATICS

Numbers: 41-50

Colour the Numbers

Fun Activities

Various Exercises

#### GENERAL AWARENESS

Hot Day

Cold Day

Rainy Day

Fun with Shapes

Days of the Week

Months of the Year

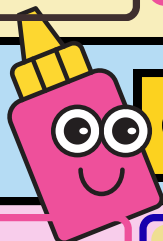
(ORALS)

#### EMOTIONAL AND LOGICAL

SKILLS

Find My Home

ASSESSMENT -3



### CO-SCHOLASTIC

#### DANCE

Dance Style: Bollywood Freestyle

Song: Shaky Shaky

#### MUSIC

Kisan Diwas Song

#### ART

- Zig-Zag Snakes
- Thumb Creature
- Jute Bag
- Round Globe
- Rabbit
- Magical Bear

#### EDUSPORTS

- Throwing with Scarf
- Catching with Ball

#### SKATING

Running Stepping Free Style

- Alternate Fast Leg Movements
- Maintain Fluid Motion

#### TAEKWONDO

Basic Stance

#### YOGA

Sitting, Forward Bending Asana:-

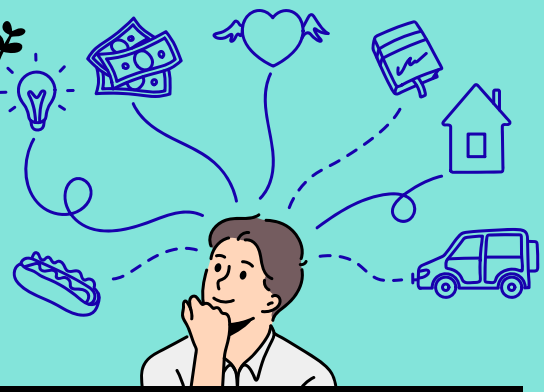
- Paschimottanasana - (Sitting forward pose)
- Balasana - (Child's Pose)



STEAM EXPLORATION-- Splash & Discover

# January, February & March

## DREAMS IN ACTION



### SCHOLASTIC

#### ENGLISH

Story: The Thirsty Crow

Revision

#### HINDI

मौखिक - श से ज्ञ के सापेक्ष शब्द और सम्बंधित गतिविधियाँ  
कविताएँ - मेरा प्यारा जन्मदिन  
कहानी - बंदर और मगरमच्छ

Revision

#### MATHEMATICS

Revision

#### GENERAL AWARENESS (ORALS)

Revision

#### EMOTIONAL AND LOGICAL SKILLS

Revision

## ASSESSMENT -4



### CO-SCHOLASTIC

#### DANCE

Dance Style: Bollywood Fusion

Song: Deva Shree Ganesha

#### MUSIC

- English Prayer- God's Love
- Shiv Ratri Bhajan

#### ART

- Flowers
- Drawing Sheet

#### EDUSPORTS

- Forward and Backward Running
- Kicking with Soft Ball
- Hopping with Flat Ring
- Microevent

#### SKATING

Plug Break

- Toe Stop Engagement
- Quick Forward Lean
- Immediate Stop Action

#### TAEKWONDO

Practice

#### YOGA

Practice

